IDEA® World Fitness Convention
June 26th to June 30th, 2019 - Anahiem, CA

Session Number	Session Title	Session Type	Presenters	Session Length	Approval Agencies																								
TIME BLOCK A - Wednesday, June 26th PRECONFERENCE SESSIONS					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
100	Schwinn® Cycling: Indoor Cycling Instructor Certification	WS	Amy Dixon | Jeffrey Scott	10 hours	0.0	0.9	9.0	0.9	9.0	9.0	9.0	4 PTS, FIS	0.0	9.0	9.0	9.0	9.0	0.9	7.5	0.9	0.0	9.0	5.0	0.9	9.0	1.75	0	9.0	9.0
101	Functional Movement Certification, Powered by Balanced Body®	WS	Nico Gonzalez | Helen Vanderburg	9 hours	0.0	0.8	8.0	0.8	8.0	8.0	8.0	4 PTS, FIS	0.0	8.0	8.0	8.0	8.0	0.8	6.0	0.8	0.0	8.0	4.0	0.8	8.0	1.50	0	8.0	8.0
102	Functional Aging Specialist Certification	WS	Dan Ritchie, PhD	9 hours	0.0	0.8	8.0	0.8	8.0	8.0	8.0	4 PTS, FIS	0.0	8.0	8.0	8.0	8.0	0.8	6.0	0.8	0.0	8.0	4.0	0.8	8.0	1.50	0	8.0	8.0
103	BOSU®: Next Generation Balance Training and Advanced Programming Strategies	WS	Tahneetra Crosby | Doris Thews	9 hours	0.0	0.8	8.0	0.8	8.0	8.0	8.0	4 PTS, FIS	0.0	8.0	8.0	8.0	8.0	0.8	6.0	0.8	0.0	8.0	4.0	0.8	8.0	1.50	0.8	8.0	8.0
104	The Digital Fitness Blueprint: The Step-by-Step Formula to Launch Your First Online Coaching Program	WS	Vito LaFata | Anna Renderer	9 hours	0.0	0.7	7.0	0.8	8.0	8.0	8.0	4 PTS, FIS	0.0	8.0	8.0	8.0	8.0	0.8	6.0	0.8	0.0	8.0	4.0	0.8	8.0	1.50	0.2	8.0	8.0
105	Spartan Strong Instructor Training	WS	Alex Isaly | Aimee Nicotera, MS	8 hours	0.0	0.7	7.0	0.7	7.0	7.0	7.0	4 PTS, FIS	0.0	7.0	7.0	7.0	7.0	0.7	5.0	0.7	0.0	7.0	4.0	0.7	7.0	1.50	0.7	7.0	7.0
106	IGNITE—A 1-Day Experience to Set Your Training, Business and Life on Fire!	L	Todd Durkin, MA	11 hours	0.0	0.7	7.0	0.7	7.0	7.0	7.0	4 PTS, FIS, HWL	0.0	7.0	7.0	7.0	7.0	0.7	6.5	0.7	0.0	7.0	4.0	0.7	7.0	1.50	0.2	7.0	7.0
107	NASM: Advanced Assessments and Self-Myofascial Release Technique	WS	Tony Ambler-Wright, MS | Kyle Stull, DHSc	7 hours	0.0	0.6	6.0	0.6	6.0	6.0	6.0	3 PTS, FIS	0.0	6.0	6.0	6.0	6.0	0.6	4.5	0.6	0.0	6.0	3.0	0.6	6.0	1.0	0.6	6.0	6.0
108	ACE: Behavior Change in Practice—Hands-On Skills for Health Coaches	L	Dianne McCaughey	6 hours	0.0	0.5	5.0	0.5	5.0	5.0	5.0	3 PTS,FIS, HWL	5.0	5.0	5.0	5.0	5.0	0.5	3.0	0.5	0.0	5.0	3.0	0.5	5.0	1.0	0.5	5.0	5.0
109	STOTT PILATES®: Pilates With Props, Levels 1 & 2	WS	Laureen DuBeau	4 hours	0.0	0.4	4.0	0.4	4.0	4.0	4.0	2 PTS, FIS	0.0	4.0	4.0	4.0	4.0	0.4	2.0	0.4	0.0	4.0	2.0	0.4	4.0	0.75	0.4	4.0	4.0
110	AFAA: Group Training Techniques and Best Practices	WS	Amy Davis | Shelley Dawson	4 hours	0.0	0.4	4.0	0.4	4.0	4.0	4.0	2 PTS, FIS	0.0	4.0	4.0	4.0	4.0	0.4	2.0	0.4	0.0	4.0	2.0	0.4	4.0	0.75	0	4.0	4.0
111	Women's LeadHER Conference	L	Emma Barry | Shannon Fable | Sadie Nardini	4 hours	0.0	0.4	4.0	0.4	4.0	4.0	4.0	2 PTS, FIS, HWL	0.0	4.0	4.0	4.0	4.0	0.4	2.0	0.4	0.0	4.0	2.0	0.4	4.0	0.75	0	4.0	4.0
TIME BLOCK C (8:35 - 10:25am) - Thursday, June 27					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
221	Cognified Fitness for Optimal Aging (ACE Mover Academy)	WS	Dan Ritchie	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS,FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
222	Assessment and Corrective Strategies for Optimal Movement (The Success Formula: 12 Essentials, Powered by TRX®)	WS	Christopher Nentarz	1 hours 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
223	Posture Is a Reflex	WS	Tim Anderson	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
224	Foundations 360	WS	PJ Stahl	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
225	Strength Science	WS	Michael Cummings	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
226	How to Maximize Your Training With Precision and Purpose	WS	Lee Burton, PhD	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
227	Exercise, Fat Loss and Weight Management: The Real Story	L	Len Kravitz, PhD	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS,FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
228	The Odd Couple: The Relationship Between Strength and Mobility	WS	Josh Henkin	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
229	Create on Demand: Pivotal Group Coaching, Powered by the Gray Institute®	WS	Hayley Hollander	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
230	How to Rock Your Social Media	L	Sadie Nardini	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS,FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
231	Building the Business Model for Exercise Is Medicine®	L	Walt Thompson, PhD	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
232	Trends in Plant-Based Nutrition	L	Ginger Hultin	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS,FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
233	Choreography Creation	WS	Amy Davis | Shelley Dawson	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
234	Nothin' but the HIITs, Powered by Savvier Fitness	WS	Tricia Murphy-Madden | Mindy Mylrea	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
235	Cardio-Strength Circuits for Fun and Function	WS	Fred Hoffman, MEd	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
236	Peak Pilates®: Reformer Variations	WS	Zoey Trap, MSc	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
237	BOSU®: Pilates Core Power	WS	Erika Quest | Nico Gonzalez	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
238	Your Soleful Journey-Barefoot Applications of Science	WS	Yury Rockit	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
239	Yoga Adjustments for Packed Classes	WS	Stacy McCarthy	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
240	ICG® HEAT: Are You Ready to Bring the HEAT?	WS	Susan Pata	1 hours 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
241	Stages® Cycling: The Power of Cue-mmunication	WS	Ben Kohler | Kimball Theoret	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
242	Schwinn® Cycling: Rhythm Done RIGHT	WS	Helen Vanderburg	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
243	Noodle Sculpt and Play in the Water	WS	Norma Shechtman, MEd, MA	1 hours 25 min	0.0	0.1	1.0	0.1	1.0	1.0	1.5	1 PTS, FIS	0.0	1.5	1.5	1.0	1.0	0.15	1.0	0.1	0.0	1.5	0.5	0.1	1.0	0.25	0.15	1.5	1.0
TIME BLOCK F (1:45pm - 3:35pm) -Thursday, June 27					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
260A	INSPIRE Greatness: Leadership Lessons From a Winning Entrepreneur (Club & Studio Summit) (IDEA Success Academy)	L	Trina Gray	1 hours 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
260B	EMBRACE the Future of the Fitness Industry (Club & Studio Summit) (IDEA Success Academy)	L	Emma Barry	1 hours 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
261	The Female Training Advantages 2019 (ACE Mover Academy)	L	Len Kravitz, PhD	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
262	Functional Training Coaching Workshop (The Success Formula: 12 Essentials, Powered by TRX®)	WS	Miguel Vargas	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
263	Shifting Is the New Lifting	WS	Jonathan Ross	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
264	The Fitness Biohack: Move Beyond Sets and Reps in Program Design	WS	Michael Cunico	1 hours 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
265	Dynamic Stretching Tricks and Tools, Powered by Balanced Body®	WS	Nico Gonzalez	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
266	Improving Mobility and Stability for Injury Prevention	WS	Lee Burton, PhD	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
267	Anatomy in Three Dimensions™: Pelvic Floor	L	Brian Richey	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
268	Fitness Neurology: Visual, Vestibular and Motor Control Foundations for Fitness Professionals	WS	Dr. Eric Cobb	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
269	Circuit Modality Mayhem	WS	Michael Piercy	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
270	The Powerful Playground: Better Brains and Bodies Through Play	WS	Brett Klika	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
271	Wheat, Microbiome and Health: The Science Behind Gut Health and Food Intolerances	L	Corrie Whisner	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
272	Independent Trainers' Best Business Practice	L	Ashley Selman, MA	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
273	Sculpt Extreme	WS	Janis Saffell	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
274	Spartan Strong	WS	Alex Isaly | Aimee Nicotera, MS	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
275	Posture Corrections for Group Fitness	WS	Lynne Skilton-Hayes	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
276	Cardio Funk Rewind	WS	Tahneetra Crosby | Alex McLean	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
277	STOTT PILATES®: Matwork™ Flow With Ankle Tubing	WS	Laureen DuBeau	1 hours 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
278	Totally Massaged, Relaxed and Renewed	WS	Norma Shechtman, MEd, MA	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
279	Yin-Yang Yoga	WS	Yury Rockit	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
280	Around-the-World Cycling	WS	Susane Pata	1 hours 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
281	Stages® Cycling: Build It (Faster!) They Will Come.	WS	Pam Benchley | Emma Masters	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
282	Schwinn® Cycling: How to WOW!	WS	Doris Thews	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
283	Retain and Motivate Members With Polar® Club—Heart Rate-Based Training	WS	Brett Lato | Devor Fetahovic	1 hours 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
TIME BLOCK G (4:00pm - 5:50pm) - Thursday, June 27					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
291	Credibility Builders in the Fitness Industry (ACE Mover Academy)	L	Shannon Fable	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
292	The Underlying Goal of Every Workout: Creating Confidence to Drive Results (The Success Formula: 12 Essentials, Powered b	WS	Austin Way	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
293	Train the Movement, Not the Muscle, Powered by Stroops	WS	Tyler Yearby, MEd	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
294	Training the Obstacle Course Racer	WS	Nick Clayton	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
295	21st Century Program Design	L	Michael Cunico	1 hours 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
296	Middle-Aged Superhero 2.0	WS	Michael Piercy	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
297	Recovery Science: Are You Overtraining Your Clients?	L	Marty Miller	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
298	Role of the Nervous System in Mobility	WS	Brian Bettendorf | Seth Levinsky	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
299	Anatomy in Three Dimensions™: The Knee	L	Brian Richey	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
300	Balance Training and Corrective Exercises	WS	Dan Ritchie	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
301	Ankle, Hip, Thoracic Spine and Shoulder: Four Major Rocks of the Human Body and Strategies for Success	WS	Hayley Hollander | Scott Hopson	1 hours 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
302	Speed Dating: Training Circuits	WS	Krista Popowych, BHK	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
303	The Battle of the Boats and Ropes™ With SGT Ken®	WS	Sergeant Ken Weichert	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
304	Effective Content Creation That Makes Money	L	Vito La Fata	1 hours 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
305	What's Trending in Nutrition?	L	Jenna Bell, PhD, RD, LD | Jack Graham	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
306	P90X® LIVE!	WS	Jeffrey Scott	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
307	Kettlebell AMPD	WS	Amy Moreland	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
308	Step On It…Again!	WS	Fred Hoffman, MEd	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
309	Changing Formation to Create Fresh New Fitness Experiences	WS	Haley Stone	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
310	Yoga Principles of Teaching	WS	Stacy McCarthy	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
311	Pilates for Athletes	WS	Portia Page | Helen Vanderburg	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
312	ICG® Games: The Battle of Watts	WS	Susane Pata	1 hours 50 min	0.0	0.2	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
313	Stages® Cycling: Work Your Recovery (to Maximize Fitness Gains)	WS	Lenita Anthony, MA | Heather Flebbe	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
314	Schwinn® Cycling: Balancing Act-The Art of True Cycling Fusion	WS	Amy Dixon	1 hours 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
315	Press Reset: Restore Strength and Health	WS	Tim Anderson	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
TIME BLOCK J (7:30am - 9:20am) - Friday, June 28					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
400	SELL Your Solution to Pack Your Facility (Club & Studio Summit)	L	Mark Fisher | Chris Stevenson	1 hour 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
403	Rise of the Visionary: Creating a Bigger Vision for Your Brand (IDEA Success Academy)	L	Vito La Fata	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
404	Practical Applications of Health Coaching (ACE Mover Academy)	P	Lauren Shroyer | Dennis Sanchez |Greg Degnan | Lee Jordan	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	0.8	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
405	Scaling From One to Many: Creating a Personal Training Experience in a Group Setting (The Success Formula: 12 Essentials, T	WS	Michelle Felzmann	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
406	Glute Reboot	WS	Abbie Appel | Pete McCall, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
407	The Principles of Lifting	WS	Michael Cunico	1 hour 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
408	Metabolic Demand: Optimizing Your Body's Fuel	WS	Hayley Hollander | Scott Hopson	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
409	HIIT Programming for Optimal Results	L	Dr. Jinger Gottschall | Bryce Hastings	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
411	Spine-Focused Self-Myofascial Release	WS	Sevak Khodabakhshian, DC	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
412	Biohack Your Body—Anti-Aging Secrets to Ensure Movement Longevity	L	Emily Splichal, DPM, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
413	The Ultimate Youth Fitness Class Design	WS	Brett Klika	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
414	Reframing Stability: Working From the Inside Out	WS	Brian Richey	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
415	Shoulder Function, Assessment and Reaction	WS	Chuck Wolf, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
416	FUNtensity	WS	Jonathan Ross	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
417	The EPOCalypse WaterRower® Power Workout™	WS	Irene Lewis-McCormick, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
418	Protein Master Class: Health, Performance and Weight Loss	L	Marc Bubbs, ND, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
419	Total-Body Accelerated	WS	Mindy Mylrea	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
420	LES MILLS DANCE — Hip Hop, Contemporary and House	WS	Gandalf Archer-Mills | Rachael Babiracki	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 FIS	0.0	2.0	2.0	2.0	2.0	0.2	0.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
421	Performance With Instability Techniques	WS	Douglas Brooks, MS | Alex McLean | Michael Piercy, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
422	Ballet Meets Cardio, Powered by Savvier Fitness	WS	Lauren George, MS | Elizabeth Lenart, MEd	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
423	Peak Pilates®: Advanced Mat Progressions	WS	Zoey Trap, MSc	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
424	Demystifying Mindfulness and Meditation	WS	Jessica Matthews, DBH, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
425	Keiser® Race	WS	Linda Freeman Webster	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
426	Stages® Cycling: Indoor Cycling and Special Populations	WS	Lenita Anthony, MA	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
427	Schwinn® Cycling: Music and SO MUCH MORE!	WS	Jeffrey Scott	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
428	WTRX℠—Water Extreme Training	WS	Rob Glick | Alex Isaly	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
TIME BLOCK K (9:40am - 11:30am) - Friday, June 28					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
430	PRODUCE More Revenue (Club & Studio Summit)	L	Kendra Bylsma | Brian Nunez | Billy Polson	1 hour 30 min	0.0	0.15	1.5	0.1	1.0	1.0	1.5	1 PTS, FIS, HWL	0.0	1.5	1.5	1.5	2.0	0.15	1.0	0.1	0.0	1.5	0.5	0.1	1.0	0.25	0	1.5	2.0
431A	Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic Career Path (NBCS)	L	John Berardi, PhD	1 hours	0.0	0.1	1.0	0.1	1.0	1.0	1.0	1 PTS, FIS, HWL	1.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	1.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
431B	Dynamic Nutrition Science: Parsing Today's Most Relevant Research for Real Life (Nutrition & Behavior Change Summit)	L	Jenna Bell, PhD, RD	1 hours	0.0	0.1	1.0	0.1	1.0	1.0	1.0	1 PTS, FIS, HWL	1.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	1.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
432	How to Continuously Evolve in Your Career and Life (IDEA Success Academy)	L	Blake Beltram	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
434	Exercise Programming for Breast Cancer Survivors	L	Andrea Leonard	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
435	Using Research to Enhance Your Coaching and Programming Skills (The Success Formula: 12 Essentials, Powered by TRX®)	P	Brynne Elliott | Michol Dalcourt | Chris Frankel | Len Kravitz, PhD	1 hour 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	0.8	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
436	ABCs of Core Training, by FMS	WS	Lee Burton, PhD	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
437	Movement Skills Principles: Training for Multidirectional Agility	WS	Peter Twist, MSc	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
438	Killer Kettlebell Movements and Programming	WS	Michael Cunico	1 hour 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
439	Engage Your Core	WS	Lynne Skilton-Hayes	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
440	The Essential Seven: Reversing Text Neck	WS	Brian Richey	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
441	Obstacle Courses for Boot Camps and Beyond	WS	Brett Klika	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
442	Instant Change: Enhancing Tissue and Joint Movement	WS	Hayley Hollander | Scott Hopson	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
443	Resilience of the Big Movement Rocks: Foot, Ankle, Hip, and Thoracic Spine	WS	Chuck Wolf, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
444	The Rowing Rush™ With SGT Ken®	WS	Sergeant Ken Weichert	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
445	Unleash—Body Weight Boot Camp	WS	Alex McLean	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
447	50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness	WS	Leslee Bender | Tricia Murphy-Madden | Mindy Mylrea	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
448	Feel the Burn! Strength HIIT	WS	Krista Popowych	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
449	Kardio Kickbox Extreme	WS	Janis Saffell	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
450	Total Barre®: Modified for Special Populations	WS	Laureen DuBeau	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
451	Functional Training Meets Pilates Mat, Powered by Balanced Body®	WS	Portia Page | Erika Quest	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
452	CORE Yoga for Healthy Backs	WS	Lauren Eirk, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
453	Keiser®: Interactive Games	WS	Buddy Macuha	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0

454	Stages® Cycling: One Size DOES NOT Fit All	WS	Ben Kohler	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
455	Schwinn® Cycling: Prime Design	WS	Doris Thews	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
456	TRX®: Movement Prep	WS	Ami McMullen | Brandon Wagner	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
TIME BLOCK L (11:30am - 2:30pm) - Friday, June 28					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
462	Lunch Seminar: The Current and Future State of Health Coaching (Nutrition & Behavior Change Summit)	L	Jessica Matthews, DBH, MS	1 hours 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	1.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	1.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
464	Sponsored Session: Achieving Your Fitness and Health Goals With Hemp CBD	L	Maggie Frank	1 hour	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
467	The Periodization of Recovery	L	Dan McDonogh | Michael Watts, MSc	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	0.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
468	Lunch Seminar: ENGAGE Future and Current Clients with Your Irresistible Brand (Club & Studio Summit)	L	Ron Selvey	1 hour, 15 min	0.0	0.0	0.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	0.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
TIME BLOCK M (2:30pm - 4:20pm) - Friday, June 29					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
470	PROFIT: Get Savvy. Get Leaner. (Club & Studio Summit)	L	Travis Barnes | Frank Pucher | Ashley Selman, MA	1 hour 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
471	Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change (Nutrition & Behavior	L	Marc Bubbs, ND, MS	1 hour 30 min	0.0	0.15	1.5	0.1	1.0	1.0	1.5	1 PTS, FIS, HWL	1.0	1.5	1.5	1.5	2.0	0.15	1.0	0.1	1.0	1.5	0.5	0.1	1.0	0.25	0.15	1.5	2.0
473	The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain (ACE Mover Academy)	WS	Lauren Shroyer	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
474	TRX®: Beyond the Basics—The Evolution of Suspension Training® (The Success Formula: 12 Essentials, Powered by TRX®)	WS	Chris Frankel | Fraser Quelch	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
475	Halo® Training: Intro to Integrated Body-Weight Training	WS	Laureen DuBeau	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
476	How to Properly Coach Rowing	WS	Pete Holman, MPT	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
477	The Science of Variability for Serious HIIT	WS	Pete McCall, MS	1 hour 20 min	0.2	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS	0.0	1.5	2.0	1.0	1.0	0.2	1.0	0.1	0.0	1.5	0.5	0.1	1.0	0.25	0.2	2.0	1.0
478	Slow Down to Speed Up: A Focus on Balance and Movement—The Original SAQ	WS	Kim Lavender	1 hour 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
479	The Brain-Balance Link: The Future of Fall-Reduction Programming	WS	Emily Splichal, DPM, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
480	Functional Flexibility for the Active Aging	WS	Leslee Bender	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
481	Coaching Conversations: The Missing Tool	L	Mark Fisher	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
482	Percussion and Vibration Therapy: A New Wave in Recovery	WS	Dr. Jason Wersland	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
483	The Nuts and Bolts of Diabetes Prevention Program Coaching: From Getting Trained to Getting Paid	L	Kaye Kramer, DrPH, MPH, RN | Amanda Kanaga	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
484	Circuit Reconstructed, Powered by Balanced Body®	WS	Nico Gonzalez | Alex McLean | Krista Popowych | Helen Vanderburg	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
485	Fit by Numbers: Simple Outlines for Small-Group Training	WS	Andrew Gavigan	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
486	Grow Beyond Trading Time for Money: How to Navigate the Journey From Fitness Coach to Business Owner	L	Sean Greeley	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
487	MASHUP®: HIIT with Active Recovery	WS	Jamie Zacharias, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
488	BOSU® + Bar: Grip, Tip, Flip & Strip	WS	Alison Galvan | Keli Roberts	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
489	YMCA of Orange County Club Spotlight: LES MILLS TONE™-Strength, Cardio and Core	WS	Lula Slaughter | Melinda Halbreich | Ron Williams | Sheri Thomas | Andrew	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
490	Step: One Block at a Time	WS	Michelle Felzmann	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
491	Bootybarre®: Barre Foundations With Flow	WS	Tracey Mallett	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
492	Pilates on a Ball	WS	Abbie Appel	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
493	Yoga for Hips	WS	Lauren Eirk, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
494	Keiser®: Hip-Hop Ride	WS	Buddy Macuha	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
495	Stages® Cycling: W.T.F.T.P.?	WS	Lenita Anthony, MA | Kimball Theoret	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
496	Schwinn® Cycling: Let the Music Play-The Art of Nonverbal Cuing	WS	Mindy Mylrea	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
497	Assess and Correct: Advancements in Client Assessment and Programming	WS	Dan McDonogh | Tony Ambler-Wright	1 hour 30 min	0.0	0.15	1.5	0.1	1.0	1.0	1.5	1 PTS, FIS	0.0	1.5	1.5	1.5	2.0	0.15	0.0	0.1	0.0	1.5	0.5	0.1	1.0	0.25	0.2	1.5	2.0
TIME BLOCK N (4:40pm - 5:40pm) - Friday, June 28					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
500	CREATE Rapid Change to Get Out of the Red (Club & Studio Summit)	L	Travis Barnes	1 hour 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
501	CREATE New Revenue Streams in Your Business (Club & Studio Summit)	L	Brian Nunez	1 hour 15 min	0.0	0.1	0.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
502	CREATE More Ways to Get Clients in Your Doors (Club & Studio Summit)	L	Rachel Cosgrove	1 hour 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.25	1.0
503	The Mobile Health Map: Inspiring Your Clients and Your Business	L	Michelle Alencar, PhD	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	1.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	1.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
505	The Wildly Profitable Personal Trainer	L	Fraser Quelch	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
506	Loaded Mobility Training	WS	Michol Dalcourt	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
507	The Get-Up	WS	Craig Marker, PhD	1 hour	0.2	0.0	0.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
508	Flexibility for the Inflexible	WS	Keli Roberts	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
509	Abs, Glutes and Core	WS	Peter Twist, MSc	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
510	No Athlete Left Behind!	WS	Jesse Dietrick	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
511	A Moment in Time-Optimizing HIIT Intervals	WS	Pete McCall, MS	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
512	Spine-First Functional Training Introduction	WS	Sevak Khodabakhshian, DC	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
513	SOMA: The Evolution of Foam Rolling	WS	Rodney Corn, MA	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
514	Neuroscience for the Fitness Professional: How Exercise Affects Our Most Important Organ-The Brain!	L	Julia DiGangi, PhD	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
515	Short Circuits - The Quick Hit Programming Formulas	WS	Michael Piercy, MS	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
516	Burn Baby Burn Tabata	WS	Janis Saffell	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
517	Carb IQ: Comparing Keto, Paleo and Low Carb	L	Jim Painter, PhD	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
518	Be THE Corporate Wellness Solution Needed!	L	Kendra Bylsma	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
519	Leadership Excellence in Club Operations	L	Carrie Kepple	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
520	Muscular Development	WS	Elizabeth Lenart, MEd	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
521	Pilates Gets Vertical	WS	Leslee Bender	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
523	Freedom Barre®: Fun, Funky and Fierce Ballet-Inspired Training	WS	Amanda Strand	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
524	Keiser®: Beauty and the Beat	WS	Linda Freeman Webster	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
525	Schwinn® Cycling: Step Into Your Shine	WS	Jenn Hogg	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
527	The Importance of Sleep: An Evidenced-Based Approach to Optimizing Your Sleep	L	Dan McDonogh | Michael Watts, MSc	1 hour	1.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
529	Cardio Yoga: The Next Dimension	WS	Stacey Lei Krauss	1 hour	0.0	**0.1**	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
580	Medical Fitness Tour: Anaheim, CA	L	Various Presenters	10 hours	0.0	0.6	6.0	6.0	9.0	9.0	9.0	4 PTS, FIS, HWL	0.0	9.0	9.0	9.0	9.0	0.9	1.0	0.9	0.0	9.0	5.0	0.9	9.0	1.75	0.7	9.0	9.0
TIME BLOCK R (7:30am - 9:20am) - Saturday, June 29					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
600	MARKET Smarter: Four Steps to Reaching Your Ideal Client	L	Billy Polson	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
601	BUILD Your Business Toolbox: Personal Strength Finder	L	Kim Lavender	1 hour	0.0	0.0	0.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
602	BUILD Your Business Toolbox: Time and Freedom Grid	L	Ashley Selman, MA	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
603	BUILD Your Business Toolbox: Winning Workout Formula	L	Todd Durkin, MA	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
604	Breakfast Seminar: To Dairy or Not to Dairy? Translating the Science for Your Clients	L	Jim White, RDN	1 hour 20 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	1.0	1.5	1.25	1.0	1.0	0.12	1.0	0.1	1.0	1.5	0.5	0.1	1.0	0.25	0.15	1.25	1.0
605	Squash Your Fears and Use Setbacks as Comebacks	L	Kendra Bylsma	1 hour 50 min	0.0	0.1	1.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
606	Functional Anatomy: The Secret to Efficient Movement	WS	Lauren Shroyer, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
607	Training the Female Athlete	WS	Leigh Crews | Farel Hruska | Shana Verstegen	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
608	Let's Get Dynamic!	WS	Tony Ambler-Wright, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
609	ViPR PRO®: Activation	WS	Michol Dalcourt	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
610	BOSU®: Stability Ball Overhaul	WS	Helen Vanderburg | Candice Brooks	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
611	SKILL COMBINE: Speed, Power, Stamina, Agility-The Four Pillars of Athleticism	WS	Joe Drake, MS, MBA	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
612	Real Ratios for Real Results	WS	Pete McCall, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
613	The ABCs of Corrective Exercise, by FMS	WS	Casey Stutzman	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
614	The Mental Aspects of Chronic Pain	WS	Justin Price, MA	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
615	Why Isn't Our Food Culture Influencing Overall Health and Well-Being? Pane	L	Dan Lynch | Adam Southam	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
616	Keys to Growing a Great Group Exercise Program	L	Marisa Hoff, MEd | Chris Stevenson	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
617	Breaking Barriers With SGT Ken®: The Dynamax HVIT Challenge!	WS	SGT Ken	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
618	Functional Movement Triad	WS	Julie Logue, MPH	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
619	HIIT the Dance Floor	WS	Michelle Felzmann | Alex McLean	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
620	Strength Accelerated	WS	Mindy Mylrea	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
621	STOTT PILATES®: Intense Sculpting Challenge, Flex-Band® Level 4	WS	Laureen DuBeau	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
622	Mindful Moves: The Art of Fusion	WS	June Kahn	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
623	Six-Pack Diaphragm-Core Reform From the Inside Out	WS	Jill Miller	1 hour 50 min	0.2	0;2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
624	Schwinn® Cycling: Maximize Your Ride	WS	Keli Roberts	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
625	RealRyder® Indoor Cycling: Functional Cycling and Increased Mobility	WS	Leslee Bender	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
626	Spinning®: All Out or Nothing!	WS	Cesar Valera	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
627	Keiser® Rhythm	WS	Buddy Macuha	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
628	Mandatory Teamwork	WS	Andrew Gavigan	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
TIME BLOCK S (9:40am - 11:30am) - Saturday, June 29					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
630	TEAM: Breed Loyalty With Fun, Grace and Grit	L	Mark Fisher | Trina Gray | Brian Nunez	1 hour 30 min	0.0	0.15	1.5	0.1	1.0	1.0	1.5	1 PTS, FIS, HWL	0.0	1.5	1.5	1.5	2.0	0.15	1.0	0.1	0.0	1.5	0.5	0.1	1.0	0.25	0	1.5	2.0
631A	The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits	L	Julia DiGangi, PhD	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	1 PTS, FIS, HWL	1.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	1.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
631B	Bridging the Gap Between Good Intentions and Meaningful Nutrition Change	L	Monica Reinagel, MS, LDN	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0		1.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	1.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
632	Training Business Essentials: How to Brand and Market Yourself for More Clients (The Success Formula: 12 Essentials, Power	L	Paul Zadoff | Rick Cusick | Shauna Harrison | Randy Hetrick | Brent Leffel, M	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
633	How to Deliver Emotionally Charged Exercise Experiences	WS	Rodney Corn, MA	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
635	Lower-Extremity Mechanics and Techniques	WS	Fabio Comana, MA, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
636	Vital Transformational Zones and Enhancing Movement for All Major Complexes of the Body	WS	Hayley Hollander | Scott Hopson	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
637	KBX FIT	WS	Kimberly Spreen-Glick	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
638	Rest and HIIT: Our Favorite Four-Letter Words	WS	Pete McCall, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
639	BOSU®: Sport C.A.M.P.	WS	Mindy Mylrea | Greg Sellar	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
640	Breathe-Move-Recover: The Pillars of a High-Performance Lifestyle	WS	PJ Nestler | Gabby Reece	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
641	Prepare Faster, Perform Better, Recover	WS	Laura Wilson, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
642	Complete Program Design for the Obese Client	L	Brian Richey	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
643	Corrective Exercise for Active Agers	WS	Erika Quest	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
644	Dynamax® Boot Camp Circuits With SGT Ken®: Operation Round for Round	WS	SGT Ken	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
645	Training Two at Once: The Power of Collaborative, Competitive Partner Training	WS	Peter Twist, MSc	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
646	DIY Brand-Building Boot Camp	L	Chantal Brodrick | Marisa Hoff, MEd	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
647	PILOXING® SSP: Boxing Lab With Gloves and Paddles	WS	John Pullman | Viveca Jensen | Cortney Gornall	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
648	Stepping Back	WS	Elizabeth Lenart, MEd	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
649	Merrithew™: Intro to Fascial Movement	WS	Laureen DuBeau	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
650	Life Time Club Spotlight: Life Power Yoga-The Yoga Signature Sampler	WS	Rob Glick | Tory Schaefer | Eric Jeffers | Heidi Cohen	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
651	FUNctional Barre	WS	Lauren George, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
652	Keiser®: Bike and Barre	WS	Krista Popowych	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
653	Spinning® Class Design: Cheat Sheet and Ride!	WS	Cesar Valera	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
654	Schwinn® Cycling: SchwINTENSITY	WS	Jeffrey Scott	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
655	RealRyder® Indoor Cycling: Rhythm Ryde	WS	Leslee Bender	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
656	TRX®: Next Generation Group Workout	WS	Abbie Appel | Tahneetra Crosby	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
657	How to Make Yourself an A-List Fitness Professional	L	Brian Nguyen	1 hour 30 min	0.0	0.15	1.5	0.1	1.0	1.0	1.5	1 PTS, FIS, HWL	0.0	1.5	1.5	1.5	2.0	0.15	1.0	0.1	0.0	1.5	0.5	0.1	1.0	0.25	0	1.5	2.0
TIME BLOCK T (11:30PM - 2:30PM) - Saturday, June 29					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
660	Lunch Seminar: Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes	L	Natalie Digate Muth, MD, MPH, RDN | FAAP	1 hour 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	1.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	1.0	1.0	0.5	0.1	1.0	0.25	0.15	1.25	1.0
662	Lunch Seminar: SPRINT Ahead of Your Competition With New Programming (Club & Studio Summit)	L	Lauren Shroyer	1 hour 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
663	Move Faster: FAST Feet—Footwork and Speed Training	WS	Trevor Anderson	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0	0.0	1.0	1.0	1.0	1.0	0.1	0.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
TIME BLOCK U (2:30PM - 4:20PM) - Saturday, June 30					AASFP	ACE	ACSM	ACTION	AFAA	AFPA	BCRPA	canfitpro	CDR	CHEK	FAI	IFPA	ISSA	NAFC	NAFTA	NASM	NBHWC	NCEP	NCSF	NESTA	NETA	NFPT	NSCA	NSPA	PTAG
670	ENHANCE Your Business Partnerships	L	Trina Gray	1 hour	0.0	0.0	0.0	0.1	1.0	1.0	1.0	1 PTS, FIS, HWL	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
670	KEEP Your Clients. Deliver Results. Celebrate Success.	L	Chris Stevenson | Kari Woodall	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0		0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
671	5 Minutes to IGNITE Your Product Knowledge	L	John Berardi, PhD	1 hour 15 min	0.0	0.1	1.0	0.1	1.0	1.0	1.25	1 PTS, FIS, HWL	0.0	1.0	1.25	1.0	1.0	0.12	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.25	1.0
671	Afternoon Snack Break EX	P	IDEA Faculty	55 min	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0	0.0	0.0
672	Take Massive Action with Mindset, Motivation and Momentum (IDEA Success Academy)	L	Greg Sellar	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
675	Fascial Line Mobility	WS	Helen Vanderburg	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
676	Fun, Competitive and Cooperative Group Training (The Success Formula: 12 Essentials, Powered by TRX®)	WS	Marc Coronel | Tahneetra Crosby | Susane Pata	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
677	The Kettlebell Swing: The Exercise for All Athletes	WS	Craig Marker, PhD	1 hour 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
678	Getting Maximum Results With Minimal Equipment	WS	Danny Kavadlo	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
679	Does Your Core Training Align With Your Neck?	WS	Sheila Hamilton	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
680	From the Hip	WS	Pete Holman, MPT	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
681	Self-Myofascial Release: Roll to be Swole	WS	Jill Miller	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
682	Exercise Science Update: New Research and Ideas	L	Fabio Comana, MA, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
683	Correct the Psoas Gluteus Imbalance	WS	Leslee Bender	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
684	Power Medicine Ball Drills for Groups	WS	Yancy Culp	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
685	Power Plate®: Small-Group Training	WS	Laura Wilson, MS	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
686	Train Stations	WS	Abbie Appel	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
687	How I Opened My Fitness Studio Pane	L	Chantal Brodrick | Arin Lindauer | John Heringer | Frank Pucher | Ashley Se	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
688	For Better Results, Every Body Needs Better Digestive Health	L	Ashley Koff, RD	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0

689	BANG™: HIIT Training With Serious Attitude	WS	Amanda Strand	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
690	FitSteps™: Ballroom and Beyond	WS	June Kahn | Debra de Luen	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
691	Barre Stars, Powered by Savvier Fitness	WS	Lauren George, MS | Irene Lewis-McCormick, MS | Tricia Murphy-Madden	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
692	STOTT PILATES®: Postnatal Pilates	WS	Laureen DuBeau	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
693	Yoga Theming	WS	Rob Glick	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
694	Keiser® Yoga Ride: When Two Worlds Collide	WS	Linda Freeman Webster	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
695	Spinning® RPE: The Power of Perception	WS	Cesar Valera	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
696	Schwinn® Cycling: Master the Moment	WS	Amy Dixon | Jeffrey Scott	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
697	Three Website Hacks: How I Made a Fitness Business $10K in New Member Revenue in 30 Days	L	Tim Sarazen	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
698	Prehab - Rehab: Movement Prep and Recovery Drills for Pain-Free Movement	WS	Mark Cheng, PhD	1 hour 30 min	0.0	0.0	0.0	0.1	1.0	1.0	1.5	1 PTS, FIS	0.0	2.0	1.5	1.5	2.0	0.15	0.0	0.1	0.0	1.5	0.5	0.1	1.0	0.25	0.15	1.5	2.0
TIME BLOCK V (4:40PM - 5:40PM) - Saturday, June 30					**AASFP**	**ACE**	**ACSM**	**ACTION**	**AFAA**	**AFPA**	**BCRPA**	**canfitpro**	**CDR**	**CHEK**	**FAI**	**IFPA**	**ISSA**	**NAFC**	**NAFTA**	**NASM**	**NBHWC**	**NCEP**	**NCSF**	**NESTA**	**NETA**	**NFPT**	**NSCA**	**NSPA**	**PTAG**
700	ACT With Courage. Go Home With a Plan.	L	Todd Durkin, MA | Trina Gray	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
701	The HOPE Solution: How Our Purpose Empowers	L	Joe Jordan, MS	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	1.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
703	Progressing Clients From Function to Performance	WS	Anthony J. Wall, MS	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
704	Movement as a Vital Sign	WS	Chris Frankel, MS	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
706	Handstands	WS	Rose Caluchia	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
707	Speed Science	WS	Michael Cummings, PT	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
708	Bringing Back Foundation Strength Training: UN-Complicating Your Training for Optimal Results	WS	Greg Johnson, MS	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
709	The 3D Fascial Core	WS	Leslee Bender	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
710	Gait-Based Movement Screening	WS	Rocky Snyder	1 hour	0.2	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
713	Popular Diets: Are They Helping or Harming Your Clients	L	Amy Goodson, MS, RD, CSSD, LD	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
714	Amplify Your Digital Marketing	L	Karly Osten	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
715	How to Build Emotional Endurance	L	Angie Miller, MS	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
716	Strong 30: TORCH & TONE Full Intensity Workout In Half The Time	WS	Alex McLean | Chellie Thomas | Abraham Hernandez | Krista Jacobs	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
717	AMPD Resistance	WS	Amy Moreland	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
718	Sassified Dance Fitness	WS	Elizabeth Lenart, MEd	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
719	Sleek Technique: Ballet Boot Camp	WS	Sue White	1 hour	0.0	0.0	0.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0	1.0	1.0
720	ZENGA®: Power and Strength	WS	Laureen DuBeau	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
722	Stages® Cycling: Get Your Watts Up!	WS	Heather Flebbe, MS | Neil Troutman	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
723	Schwinn® Cycling: Ride and Restore	WS	Keli Roberts	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
725	The Importance of Sleep: An Evidenced-Based Approach to Optimizing Your Sleep	L	Dan McDonogh | Michael Watts, MSc	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
TIME BLOCK W (6:00PM - 7:00PM) - Saturday, June 29					**AASFP**	**ACE**	**ACSM**	**ACTION**	**AFAA**	**AFPA**	**BCRPA**	**canfitpro**	**CDR**	**CHEK**	**FAI**	**IFPA**	**ISSA**	**NAFC**	**NAFTA**	**NASM**	**NBHWC**	**NCEP**	**NCSF**	**NESTA**	**NETA**	**NFPT**	**NSCA**	**NSPA**	**PTAG**
731	Move Better: Enhance Strength Through Increased Mobility and Activation	WS	Marc Coronel	1 hour	0.0	0.1	1.0	0.1	1.0	1.0	1.0	0.0	0.0	1.0	1.0	1.0	1.0	0.1	1.0	0.1	0.0	1.0	0.5	0.1	1.0	0.25	0.1	1.0	1.0
TIME BLOCK X (7:30AM - 9:20AM) - Sunday, June 30					**AASFP**	**ACE**	**ACSM**	**ACTION**	**AFAA**	**AFPA**	**BCRPA**	**canfitpro**	**CDR**	**CHEK**	**FAI**	**IFPA**	**ISSA**	**NAFC**	**NAFTA**	**NASM**	**NBHWC**	**NCEP**	**NCSF**	**NESTA**	**NETA**	**NFPT**	**NSCA**	**NSPA**	**PTAG**
800	Coaching Your Clients Through Lifestyle Medicine	L	Anthony Wall, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
801	Proven Techniques for Knee Pain Relief	WS	Justin Price, MA	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
802	Glute Training From Beginner to Advanced	WS	Greg Johnson, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
803	The Science of Building Relevant Assessments	L	Joanne Groves	1 hour 50 min	0.2	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
804	Dynamic Duos	WS	Keli Roberts	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
805	Advanced Sales Strategies for Fit Pros	L	John Heringer	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
806	Shred: A Revolutionary Class Format That Gets Results	WS	Staci Alden | Nichole Arthur | Janelle Veteri	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
807	Yoga for Athletes	WS	Helen Vanderburg	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
808	Pilates at the Barre	WS	Leslee Bender	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
809	Keiser®: Power On, Power Up, Power Ride!	WS	Krista Popowych	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
810	Schwinn® Cycling: Ride and Row	WS	Jeffrey Scott | Doris Thews	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
TIME BLOCK Y (9:40AM - 11:30AM) - Sunday, June 30					**AASFP**	**ACE**	**ACSM**	**ACTION**	**AFAA**	**AFPA**	**BCRPA**	**canfitpro**	**CDR**	**CHEK**	**FAI**	**IFPA**	**ISSA**	**NAFC**	**NAFTA**	**NASM**	**NBHWC**	**NCEP**	**NCSF**	**NESTA**	**NETA**	**NFPT**	**NSCA**	**NSPA**	**PTAG**
820	Understanding and Alleviating Back Pain	WS	Justin Price, MA	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
821	Novel Approaches to Body-Weight Exercises That Heal, Move and Burn	WS	Ken Miller, MS	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
822	Increase Mobility Through Animal Movements	WS	Rose Caluchia	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
823	Create Better Nutrition Plans	L	Ashley Koff, RD	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS, HWL	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
824	Build a Better Boot Camp	L	Ami McMullen	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
825	Smart Strength	WS	Keli Roberts	1 hour 50 min	0.2	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
826	Buti® Yoga: Your Soul Mate Workout	WS	Sue White	1 hour 50 min	0.0	0.0	0.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
827	Barre, Bands, and Beats	WS	Tricia Murphy-Madden	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0	2.0	2.0
828	StairMaster® HIIT: High Five	WS	Abbie Appel | Jeffrey Scott	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
829	Keiser® Rush	WS	Krista Popowych	1 hour 50 min	0.0	0.2	2.0	0.2	2.0	2.0	2.0	1 PTS, FIS	0.0	2.0	2.0	2.0	2.0	0.2	1.0	0.2	0.0	2.0	1.0	0.2	2.0	0.25	0.2	2.0	2.0
TIME BLOCK Z - Sunday, June 30 POSTCONFERENCE SESSIONS					**AASFP**	**ACE**	**ACSM**	**ACTION**	**AFAA**	**AFPA**	**BCRPA**	**canfitpro**	**CDR**	**CHEK**	**FAI**	**IFPA**	**ISSA**	**NAFC**	**NAFTA**	**NASM**	**NBHWC**	**NCEP**	**NCSF**	**NESTA**	**NETA**	**NFPT**	**NSCA**	**NSPA**	**PTAG**
900	STRONG by Zumba®: Instructor Training	WS	Alex McLean	9 hours	0.0	0.8	8.0	0.8	8.0	8.0	8.0	4 FIS	0.0	8.0	8.0	8.0	8.0	0.8	6.0	0.8	0.0	8.0	4.0	0.8	8.0	1.50	0	8.0	8.0
901	One Day to Wellness Certification	L	Bruce Mylrea | Mindy Mylrea	10 hours	0.0	0.9	9.0	0.9	9.0	9.0	9.0	4 PTS, FIS, HWL	0.0	9.0	9.0	9.0	9.0	0.9	5.0	0.9	0.0	9.0	5.0	0.9	9.0	1.50	0	9.0	9.0
902	Stages® Cycling: Power Essentials Instructor Certification	WS	Javier Santin | Neil Troutman	10 hours	0.0	0.8	8.0	0.9	9.0	9.0	9.0	4 PTS, FIS	0.0	9.0	9.0	9.0	9.0	0.9	7.5	0.9	0.0	9.0	5.0	0.9	9.0	1.50	0	9.0	9.0