

DEI Resource List

Compiled By Panelists:

Tasha Edwards, MS
Eugene Lloyd
Katrina Pilkington, MS
Rachael Babiracki

Implicit Association Test Link

<https://implicit.harvard.edu/implicit/takeatest.html>

Link for Books on Emotional Intelligence

<https://upjourney.com/best-books-on-emotional-intelligence>

Fearing The Black Body by Sabrina Strings

Belly of the Beast by Da'Shaun L. Harrison

What We Don't About When We Talk About Fat by Aubrey Gordon

The Body Is Not An Apology by Sonya Renee Taylor

Bad Fat Black Girl by Sesali Bowen

Where Do We Go From Here by Dr. Martin Luther King Jr.

Hunger by Roxanne Gay

So You Want to Talk About Race by Ijeoma Oluo

Long Time Coming by Dr. Michael Eric Dyson

Heavy by Kiese Laymon

The Wake Up by Michelle MiJung Kim

Inclusion on Purpose by Ruchika Tulshyan

Blindspot by Mahzarin R. Banaji

Podcast:

Putting Racism on The Table (for the Washington Regional Association of Grantmakers)

Recording:

Weight Bias in the Fitness Industry Roundtable with Self Magazine and the American Council on Exercise (<https://general.acefitness.org/weightbias>)