



## **CALENDAR OF EVENTS**

### **IDEA Events**

**April 20-23, 2007, Chicago, IDEA Fitness Fusion<sup>®</sup>**

**July 6-9, 2007, San Diego, IDEA World Fitness Convention<sup>®</sup>**

**Sept. 7-9, 2007, Palm Springs, CA, Inner IDEA Conference<sup>®</sup>**

For more information, contact IDEA Health & Fitness Association, (800) 999-4332, ext. 7; (858) 535-8979, ext. 7; or [www.ideafit.com](http://www.ideafit.com).

### **Submitting Your Listing**

The Calendar is a free service for IDEA members. You are permitted 10 listings/events per month and may submit listings for 4 months at a time. Please submit your listings according to the following guidelines and deadlines:

\*Type all submissions. Include your name and phone number, IDEA membership number and expiration date.

\*Organize your event listing(s) following the exact format you see on the web page.

\*Provide event contact information—including phone number and Web address—to correspond with the sponsor/company organizing the event.

\*Mail, e-mail or fax your listing to Ryan Halvorson at IDEA Health & Fitness Association (10455 Pacific Center Ct., San Diego, CA 92121-4339; halvorsnr@ideafit.com; fax 858-535-8234).

IDEA has final editing rights and accepts no responsibility for errors.

<b>Deadline</b>	<b>Posted on Web</b>
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Feb. 15, 2007	Mar. 1, 2007
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Mar. 15, 2007	Mar. 30, 2007
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**Contact information is listed at the end of the Calendar section.**

## **NORTH ATLANTIC**

**Feb. 2-3**

**New York**, Powder Blue Productions, Turbo Kick™ Instructor Trainning.

**Feb. 17-18**

**Binghamton, NY**, Powder Blue Productions, Turbo Kick Instructor Training.

**Feb. 24**

**Boston**, ACE – AHA Heartsaver.

**New York**, ACE – AHA Heartsaver.

**Feb. 24-25**

**Woodside, NY**, Powder Blue Productions, Turbo Kick Instructor Training.

**Mar. 3-4**

**New Hartford, CT**, Powder Blue Productions, Turbo Kick Instructor Training.

**South Kingston, RI**, Powder Blue Productions, Turbo Kick Instructor Training.

**Mar. 10-11**

**New Haven, CT**, PhysicalMind Institute, Initiation 101 – Pilate Teacher Training.

**Mar. 24-25**

**Baltimore**, Powder Blue Productions, Turbo Kick Instructor Training.

**Blackwood, NJ**, ACE, Personal Trainer Practical Training Program.

**Boston**, ACE, Personal Trainer Practical Training Program.

**Concord, NH**, Powder Blue Productions, Turbo Kick Instructor Training.

**New York**, ACE, Personal Trainer Practical Training Program.

**Shrewsbury, MA**, Powder Blue Productions, PiYo Instructor Training.

**Mar. 31**

**Bowie, MD**, Powder Blue Productions, Turbo Kick Instructor Training.

**Apr. 14-15**

**West Chester, PA**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Apr. 27-28**

**Needham, MA**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Apr. 28-29**

**New York**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

## **SOUTH ATLANTIC**

**Feb 2-3**

**Washington, D.C.**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo™ Instructor Training.

**Feb. 10-11**

**Wilmington, NC**, Powder Blue Productions, Turbo Kick Instructor Training.

**Feb. 17-18**

**Columbus, GA**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Feb. 24**

**Atlanta**, ACE – AHA Heartsaver.

**Baltimore**, ACE – AHA Heartsaver.

**Orlando, FL**, ACE – AHA Heartsaver

**Feb. 24-25**

**Flagler Beach, FL**, Powder Blue Productions, Turbo Kick Instructor Training.

**Mar. 3-4**

**Pensacola, FL**, Powder Blue Productions, Turbo Kick Instructor Training.

**Raleigh, NC**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Washington, DC**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Mar. 9-11**

**Tampa, FL**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Mar. 24-25**

**Atlanta**, ACE, Personal Trainer Practical Training Program.

**Baltimore**, ACE, Personal Trainer Practical Training Program.

**Charleston, SC**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Miami**, ACE, Personal Trainer Practical Training Program.

**Apr. 13-15**

**Tampa, FL**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Apr. 14-15**

**Washington, DC**, PhysicalMind Institute, Golf and Pilates.

**May 19-20**

**Washington, DC**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

## **NORTH CENTRAL**

**Feb. 2-3**

**Kalamazoo, MI**, Powder Blue Productions, Turbo Kick Instructor Training.

**Manhattan, KS**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**West Lafayette, IN**, Powder Blue Productions, Turbo Kick Instructor Training.

**Feb. 10-11**

**Homewood, IL**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Lees Summit, MO**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Madison, WI**, Powder Blue Productions, PiYo Instructor Training.

**O'Fallon, MO**, Powder Blue Productions, Turbo Kick Instructor Training.

**Feb. 24**

**Chicago**, ACE – AHA Heartsaver.

**Minneapolis**, ACE – AHA Heartsaver,

**Raleigh, ND**, ACE – AHA Heartsaver.

**Feb. 24-25**

**Libertyville, IL**, Powder Blue Productions, Turbo Kick Instructor Training.

**Naperville, IL**, Powder Blue Productions, PiYo Instructor Training.

**Mar. 3-4**

**Chicago**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Terra Haute, IN**, Powder Blue Productions, PiYo Instructor Training.

**Wichita, KS**, Powder Blue Productions, PiYo Instructor Training.

**Mar. 10-11**

**Middleton, WI**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Whitewater, WI**, Powder Blue Productions, PiYo Instructor Training.

**Mar. 17-18**

**Columbus, OH**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Mar. 24-25**

**Chicago**, ACE, Personal Trainer Practical Training Program.

**Columbus, OH**, ACE, Personal Trainer Practical Training Program.

**Detroit**, ACE, Personal Trainer Practical Training Program.

**Glendale, WI**, Powder Blue Productions, Turbo Kick Instructor Training.

**La Crosse, WI**, Powder Blue Productions, Turbo Kick Instructor Training.

**Minneapolis**, ACE, Personal Trainer Practical Training Program.

**St. Louis**, ACE, Personal Trainer Practical Training Program.

**Toledo, OH**, Powder Blue Productions, PiYo Instructor Training.

**Mar. 31**

**St. Paul, MN**, Powder Blue Productions, Turbo Kick Instructor Training.

**Apr. 14**

**Columbus, OH**, Fitness Anywhere, TRX Suspension Training Instructor Course.

**Apr. 14-15**

**Columbus, OH**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Apr. 20 -22**

**Eden Prairie, MN**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Apr. 27-29**

**Chicago**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

## **SOUTH CENTRAL**

**Feb. 10-11**

**Belton, TX**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Levelland, TX**, Powder Blue Productions, Turbo Kick Instructor Training.

**Feb. 17**

**Austin, TX**, Fitness Anywhere, TRX Suspension Training Instructor Course.

**Feb. 17-18**

**Houston**, Powder Blue Productions, Turbo Kick Instructor Training.

**Feb. 24**

**Dallas**, ACE – AHA Heartsaver.

**Mar. 2-4**

**Signal Mountain, TN**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Mar. 3-4**

**Houston**, Powder blue Productions, PiYo Instructor Training.

**Mar. 17-18**

**Austin, TX**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Mar. 23-24**

**Fort Worth, TX**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Mar. 24-25**

**Dallas**, ACE, Personal Trainer Practical Training Program.

**Lafayette, LA**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Little Rock, AR**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Mar. 31**

**Austin, TX**, Powder Blue Productions, PiYo Instructor Training.

**May 19-20**

**Houston**, PhysicalMind Institute, Concentration 301 – Pilates Teacher Training.

## **MOUNTAIN PACIFIC**

**Feb. 2-3**

**Idaho Falls, ID**, Powder Blue Productions, Turbo Kick Instructor Training.

**Feb. 10-11**

**San Francisco**, Powder Blue Productions, PiYo Instructor Training.

**Feb. 17-18**

**San Diego**, ACE, Training and Conditioning for Sports Performance.

**Feb. 18**

**Los Angeles**, Fitness Anywhere, TRX Suspension Training Instructor Course.

**Feb. 24**

**Denver**, ACE – AHA Heartsaver.

**Los Angeles**, ACE – AHA Heartsaver.

**Phoenix**, ACE – AHA Heartsaver.

**Portland, OR**, ACE – AHA Heartsaver.

**San Diego**, ACE – AHA Heartsaver.

**San Diego**, Feldenkrais Resources, In Search of Our Full Brea(d)th.

**San Jose, CA**, ACE – AHA Heartsaver.

**Feb. 24-25**

**French Valley, CA**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Mar. 2-3**

**San Diego**, ACE and Movement by Design, Foundations for Function.

**Mar. 3-4**

**Bonney Lake, WA**, Powder blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Long Beach, CA**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Mar. 10**

**Seattle**, Fitness Anywhere, TRX Suspension Training Instructor Course.

**Mar. 10-11**

**Beverly Hills, CA**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Mar. 17**

**San Diego**, Feldenkrais Resources, Finding Our Length.

**Mar. 16-18**

**Portland, OR**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Mar. 17-18**

**Northridge, CA**, Powder Blue Productions, Turbo Kick Instructor Training.

**Mar. 24-25**

**Beverly Hills, CA**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Denver**, ACE, Personal Trainer Practical Training Program.

**Elk Grove, CA**, Powder Blue Productions, Turbo Kick Instructor Training.

**Great Falls, MT**, Powder Blue Productions, Turbo Kick Instructor Training and PiYo Instructor Training.

**Los Angeles**, ACE, Personal Trainer Practical Training Program.

**Portland, OR**, ACE, Personal Trainer Practical Training Program.

**San Diego**, ACE, Personal Trainer Practical Training Program.

**San Francisco**, ACE, Personal Trainer Practical Training Program.

**Apr. 12-15**

**Tempe, AZ**, Waterworks on Wheels, FitnessFest Tempe 2007 Fitness Education Conference and Expo.

**Apr. 22**

**San Diego**, Feldenkrais Resources, Dynamic Balance I: Working With Rollers.

**Apr. 27-29**

**San Diego**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**May 4-6**

**Mountain View, CA**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**May 5-6**

**Beverly Hills, CA**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**May 18-20**

**Denver**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**OUTSIDE THE U.S.**

**Mar. 2-4**

**Kent, England**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Mar. 3-4**

**Providenciales, Turks & Caicos Islands, BWI**, PhysicalMind Institute, Initiation 101 –  
Pilates Teacher Training.

**Mar. 9-11**

**Vancouver, BC**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Mar. 30-31**

**Curitiba, PR, Brazil**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Apr. 13-15**

**Toronto**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Apr. 20-22**

**Singapore**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Vancouver, BC**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**Apr. 21-22**

**Providenciales, Turks & Caicos Islands, BWI**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**Apr. 27-28**

**Athens, Greece**, PhysicalMind Institute, Initiation 101.

**May 4-6**

**Wellington Central, New Zealand**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**May 5-7**

**Toronto**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**May 10-11**

**Curitiba, PR, Brazil**, PhysicalMind Institute, Initiation 201 – Pilates Teacher Training.

**May 12-13**

**Montreal**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

**May 26-27**

**São Paulo, Brazil**, PhysicalMind Institute, Initiation 101 – Pilates Teacher Training.

## **TELESEMINARS/ONLINE LEARNING**

**Tuesdays**

**Teleclass**, MyTrainer, Lifestyle Fitness and Success Intensive, Free introductory class.

Bridgeline: 1.641.985.1000 Access Code: 1061096#

## **ADDRESSES AND PHONE NUMBERS**

**ACE**, (800) 825-3636, [www.acefitness.org](http://www.acefitness.org).

**Feldenkrais Resources**, (800) 765-1907, [www.feldenkraisresources.com](http://www.feldenkraisresources.com).

**Fitness Anywhere**, (888) 878-5348, [www.fitnessanywhere.com](http://www.fitnessanywhere.com).

**MyTrainer**, [www.mytrainer.com/intensive.html](http://www.mytrainer.com/intensive.html).

**PhysicalMind Institute**, [www.themethodpilates.com](http://www.themethodpilates.com), (800) 505-1990.

**Powder Blue Productions**, (800) 315-2505, [www.turbokick.com](http://www.turbokick.com).

**Waterworks on Wheels**, (460) 461-3888, [www.waterworksonwheels.com](http://www.waterworksonwheels.com).