

226	Strength Instructor Skills to the Next Level!	Les Mills National Master Trainer	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
227	Dance With GLEE!	Julz Arney	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
228	Stress-Free Step	Fred Hoffman, MEd	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
229	Permit Pro-Getting Venues for Outdoor Fitness	Lisa Shrenbaum	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
230	Barefoot Running- The Road Less Traveled	Stacey Lei Krauss	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
231	Eccentric Exercise: Everything You Wanted to Know and More!	Lenny Kravitz, PhD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
232	Eat to Win-Enhance Performance and Promote Recovery	Christopher Mohr, PhD, RD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
233	Communicating With Honesty, Humility and Humor	Steve Shenbaum	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
234	Total Massage and Relaxation	Norma Shechtman, MEd, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
235	Power Yoga for Fitness Professionals	Stacy McCarthy	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
236	STOTT PILATES®: Prenatal Pilates on the Reformer	Sally Belanger	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
237	Peak Pilates®: Reform Your Technique	Zoey Trap, MSc	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
238	Schwinn® Cycling: Short and Sweet	Mindy Mylrea	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
239	Spinning®: Let's Jump!	Jeff Krabiel	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
240	Keiser®: Realign, Restore, Ride	Suzette O'Byrne	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
241	Kranks®: Fusion	Mike Michels	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
242	Indo-Row®: The Perfect Calorie Burn	Jay Blahnik Josh Crosby	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
243	Train Like an Ultimate MMA Fighter	Kevin Kearns	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2

TIME BLOCK J- Saturday, August 13, 2011, 10:00am - 11:50am

Up to 2 CEC Hours

340	The Amen Solution: The Secrets to Being Thinner, Smarter and Happier	Daniel Amen, MD	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
341	Golf Mechanics and Functional Corrections	Chuck Wolf, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
342	Twist Smart Muscle® Training System	Peter Twist, MSc	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
343	Tools for Training the Torso	Sherri McMillian, MSc	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
344	Perform Better: Train the Joes Like the Pros 2011	Todd Durkin, MA	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
345	What's In Your Exercise Library? Manipulating Acute Variables to Gain More!	Bill Sonnemaker, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
346	Gray Institute: Assessment and Solutions for the Hip	Lenny Parracino	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
347	Pure Step	Robert Steigele	0	0.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	1.0	0.2	0.2	0.2
348	Zumbatomic®: The Zumba Kids Workout	Gina Joy Grant Smith	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
349	Aging Strong	Carol Murphy	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
350	BOSU® Xplode	Shannon Fable	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
351	Facebook for Fitness Pros	Amanda Vogel, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
352	Triage for Success-Helping Clients Realize Their Goals	Nicki Anderson Christopher Mohr, PhD, RD Kara Mohr, PhD	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
353	Understanding Knee Pain	Greg Roskopf, MA	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
354	Career Options in the Fitness Industry	Ryan Halvorson	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
355	Women, Weights and Results!	Scott Josephson, MS, RD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
356	Bodyblade®: Circuit...Work It!	Renee Spriggs	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
357	Creating Mindful Walking/Running Programs	Lawrence Biscontini, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.1	0.1	2.0	0.2	0.2	0.2
358	Vinyasa Yoga Celebration	Kimberly Spreen	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
359	STOTT PILATES®: Jumpboard Interval Training, Level 1 on the Cardio-Tramp	John Garey, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
360	Spinning®: Loops and Ladders	Jeff Krabiel	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
361	Keiser®: WATTS It All About?	Krista Popowych	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
362	RealRyder® Indoor Cycling	Douglas Adam Brooks, MS Reid	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
363	Schwinn® Cycling: So You Think You Can Race?	Keli Roberts	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2

TIME BLOCK L- Saturday, August 13, 2011, 1:45pm - 3:35pm

Up to 2 CEC Hours

370	Joint Integrity and Injury Prevention-Shoulder and Spine	Michol Dalcourt	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
371	Speed Rules-Getting There First!	Scott Schreuder	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
372	The Win-Win Formula: Keys to Successful Small-Group Training	Troy Fontana	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
373	Function Versus Physique-Help Clients to Achieve THEIR Goals	Ron Mathews	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
374	Perform Better: TD's I.M.P.A.C.T. Challenge	Todd Durkin, MA	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
375	JumpSport®: Body Bounce!	Abbie Appel	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
376	BOSU® Elevation	Mindy Mylrea	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
377	Step It Up	Robert Steigele	0	0.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	1.0	0.2	0.2	0.2
378	Zumba® Toning	Abraham Hernandez	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
379	Creative Kettlebell Training	Sherri McMillian, MSc	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
380	The Science of Longevity	Lenny Kravitz, PhD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
381	Creating a Six-Figure Boot Camp Experience	Christopher Kara Mohr, PhD Mohr, PhD	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
382	Metabolic Syndrome-What You Need to Know!	Roberta Anding, MS, RD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
383	Movement to Mastery	Shannon Fable	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
384	Flexibility Highways "In Motion"	Chuck Wolf, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
385	STOTT PILATES®: Equipment Programming for Breast Cancer Rehab	Sally Belanger	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
386	Pilatesstick®: Moving Strength	Zoey Trap, MSc	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
387	YogaPlus™ by YogaFit®	Beth Shaw	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2

388	YOGression: Creative Yoga Sequences	Lauren	Eirk	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
389	Schwinn Cycling@: You Had Me at Hello	Jeffrey	Scott	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
390	Spinning@: Technical Training	Josh	Taylor	0	0.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	1.0	0.2	0.2	0.2
391	Keiser@: The Cyclist Toolbox	Suzette	O'Byrne	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
392	Kranking@: The Next Revolution in Fitness	Becky	Jalbert	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
393	Indo-Row@: The Perfect Calorie Burn	Jay Josh	Blahnik Crosby	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
TIME BLOCK M- Saturday, August 13, 2011, 4:00pm - 5:50pm																	
Up to 2 CEC Hours																	
400	Gray Institute: Assessment and Solutions for the Thoracic Spine	Lenny	Parracino	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
401	Body-Weight Training-Function or Fiction	Marc Christopher	Lebert Roche	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
402	SPRI@: 360 Training-Turn It Up, Turn It Down: How to Progress and Regress Training Intensity	Robert	Sherman	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
403	Turn Your Toys Into a Tool Box!	Keli	Roberts	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
404	Advanced Concepts in Body-Weight Training: Suspension Training@	Bill	Sonnemaker, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
405	FOR THE CORE: Take the Challenge and Try Something New!	Shem Vivica Linda Anita	Brown Jensen LaRue, MEd, RN Tonne	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
406	BOSU@ Studio Pilates	Lawrence	Biscontin, MA	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
407	Step Evolution-The Workshop	Petra	Kolber	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
408	Taste of Zumba@	Tony Eliza	Witt Stone	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
409	Ultimate Dance & Drum Party-Powered by Drums Alive@	Carrie	Ekins, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
410	Weighing in on The Biggest Loser	Amanda JD Brett Shannon Jonathan	Vogel, MA Roth Hoebel Fable Ross	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
411	The Millenials Are Coming	Fred	Hoffman, MEd	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
413	Footwear and Function: What All Fitness Professionals Should Know	Michol	Dalcourt	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
414	ACE IFT™-Training Strategies for Clients With Chronic Health Conditions (Part 2 of 3)	Cedric	Bryant, PhD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
415	STOTT PILATES@ Fitness Circle@ Challenge	Matthew	Comer, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
416	Peak Pilates@: Mve@ Chair Flex and Flow	Stacey Lei	Krauss	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
417	Total Massage and Relaxation	Norma	Shechtman, MEd, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
419	Schwinn @ Cycling: from My Class to Yours	Gregg	Cook	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
420	Spinning@: The 5-Step Sprint	Jeff	Krabiel	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
421	Indo-Row@: The Perfect Calorie Burn	Jay Josh	Blahnik Crosby	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
TIME BLOCK P- Sunday, August 14, 2011, 8:00am - 9:50am																	
Up to 2 CEC Hours																	
520	reVamp@-Nitro!	Brett	Hoebel	0	0.0	1.0	0.0	0.2	0.0	0.0	0.5	0.0	0.0	1.0	0.2	0.2	0.2
521	The Runner's Clinic	Jason	Karp, PhD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
522	Inspiring Athleticism in Our Youth	Peter	Twist, MSc	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
523	ACE IFT™-Performance Training After 40 (Part 3 of 3)	Peter	McCall, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
524	TRX@ Advanced Concepts in Foundational Movement	Dan	McDonogh	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
525	BOSU@ Playground Challenge	Julz Jay	Arney Blahnik	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
526	Step Up 3-D	Rob	Glick	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
527	Obstacle Course	Patrick	Goudeau	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
528	Dance Evolution-The Workshop	Petra	Kolber	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
529	Indo Boarding-Surf-Inspired Group Fitness	Grace Kevin	DieSimone Hubble	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
530	Contraindicated Exercises: How Good Exercises Become Bad	Greg	Roskopf, MA	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
531	Sarcopenia-Exploring Solutions to Age-Related Muscle Loss	Roberta	Anding, MS, RD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
532	Excellence in Fitness Leadership-Overcoming Challenges	Sherri	McMillian, MSc	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
533	STOTT PILATES@: Essential Matwork™ on Stability Cushions™	John	Garey, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
534	Peak Pilates@: Mve@ Chair-The Hot Seat	Stacey Lei	Krauss	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
535	Beautiful Mind-Beautiful Body: Vinyasa Rasayana Yoga	Jonny	Kest	0	0.0	1.0	0.0	0.2	0.0	0.0	0.5	0.0	0.0	1.0	0.2	0.2	0.2
536	Flexible Solutions for Pilates with Flexcushion@	Zoey	Trap, MSc	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
537	Schwinn@ Cycling: HIIT It!	Amy	Dixon	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
538	Spinning@: Master the Ride	Jeff Renee Josh	Krabiel Spriggs Taylor	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
539	Keiser@: A Creative Ride	Krista	Popowych	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
540	RealRyder@ Indoor Cycling	Douglas Adam	Brooks, MS Reid	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
TIME BLOCK R- Sunday, August 14, 2011, 10:20am - 12:10pm																	
Up to 2 CEC Hours																	
550	The Warrior Workout	Tony	Horton	0	0.0	1.0	0.0	0.2	0.0	0.0	0.5	0.2	0.2	1.0	0.2	0.2	0.2

551	Corrective Flexibility for Common Postural Dysfunction Patterns	Bill	Sonnemaker, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
552	Combine Training Challenge System	Peter	Twists, MSc	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
553	Advanced Cuing for Maximal Training Results	Lauren	Eirk	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
554	BOSU® HIT Athletic Cardio	Keli	Roberts	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
555	R.I.P.P.E.D.™-The One Stop Body Shock	Alex Terry	Isaly Shorter	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
556	Zumba Fitness® Party: Let's Get The Party Started!	Gina	Grant	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
557	Heart-Core Circuit Training: The 2011 Edition	Fred	Hoffman, MEd	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
558	Core Transformer 3-D Balanced Body Shred	Linda Jeffrey	LaRue, MEd, RN Scott	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
559	Step in the Way!	Kim	Miller	0	0.0	1.0	0.0	0.2	0.2	0.0	0.5	0.0	0.0	1.0	0.2	0.2	0.2
560	Fitness in the Media	Lori	Corbin	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
561	An Integrated Approach to Comprehensive Weight Management: Medical, Physical, Nutritional & Fitness	Mackie	Shilstone, MA, MBA	0	0.0	1.0	2.0	0.2	0.0	0.0	0.5	0.2	0.2	1.0	0.2	0.2	0.2
562	A Collaborative Approach to Childhood Obesity	Julian	Varela, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
563	STOTT PILATES®: Postural Analysis Review	Matthew	Comer, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
564	Peak Pilates®: Mve® Chair-Feet First	Stacey Lei	Krauss	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
565	The Common Thread	Lawrence	Biscontini, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
566	Bringing Sexy Back (to Tai Chi)!	David-Dorian	Ross	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
567	Schwinn® Cycling: The Yoga Rx for Cyclists	Rob	Glick	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
568	Spinning®: Creative Climbs	Jeff	Krabiel	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
569	Keiser®: The Power Journey	Suzette	O'Byrne	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
570	Kranks®: Fusion	Mike	Michels	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
TIME BLOCK S- Sunday, August 14, 2011, 2:10pm - 4:00pm																	
Up to 2 CEC Hours																	
582	Power Ball	Patrick	Goudeau	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
583	Cut to the Core	Carol	Murphy	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
584	Low-Back Savers	Tony	Ambler-Wright, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
585	Stopwatch and GO!	Eve	Fleck, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
586	Strike! 2011	Kimberly	Spreen	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
587	MetCon for Group	Michelle	Felzman	0	0.0	1.0	0.0	0.2	0.0	0.0	0.5	0.0	0.0	1.0	0.2	0.2	0.2
588	Full-Body Flexibility-Yoga-Inspired Stretch	Jay	Blahnik	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.2	0.2	2.0	0.2	0.2	0.2
589	Teach Standards-Based Physical Activities That ALL Schools Will Embrace	Drisha	Leggitt, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
590	At-Home Training	Krista	Popowych	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
591	The Art and Science of Recovery	Jason	Karp, PhD	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
592	Your Business Culture-The Key to Your Success	Troy	Fontana	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
593	STOTT PILATES®: Intense Sculpting Challenge	John	Garey, MS	0.2	2.0	1.0	2.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
594	Secrets Behind the Poses	Lauren	Eirk	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
595	Spa for the Soul	Lawrence	Biscontini, MA	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
596	Schwinn® Cycling: From My Class to Yours	Sherri	McMillian, MSc	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2
597	Spinning®: Bodyblade® Circuits	Renee	Spriggs	0.2	2.0	1.0	0.0	0.2	0.2	2.0	0.5	0.0	0.0	2.0	0.2	0.2	0.2