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**Airope™ Original** (75 available)

Turn your workouts into something entirely new! From beginner to advanced, individuals at all skill levels can improve their cardiovascular conditioning by using the Airope™. Incorporate it into group fitness classes, sports performance training, or rehabilitation, or simply perform traditional jump rope actions without the hindrance of a rope.

The Airope™ will intensify any exercise. Use it alone or combine it with other equipment for greater versatility. There are no limits to what you can do, and getting started is as simple as the turn of the handles.

Regular Price \$34.95

**Demo Price \$26.00**

<http://www.power-systems.com/p-4177-airope.aspx>



## **kôr KETTLEBALL**

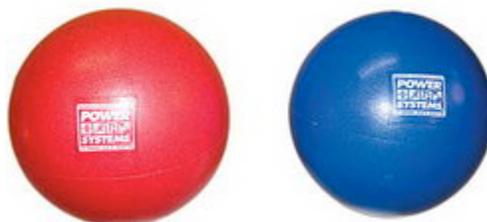
### **GREAT RESULTS, LESS INTIMIDATION!**

Like a traditional kettlebell, the kor kettleball is an excellent tool for strengthening the core. Constructed of pliable materials, the kor kettleball is an attractive, user friendly alternative to cast iron kettlebells in group exercise classes and personal training sessions. These unique, non-scuffing kettleballs are uniformly sized for consistent technique development and feature a 1 1/4" durable, molded polypropylene handle for a solid grip and smooth rotation. Highly visible weight label and color coded handle. Fits standard kettlebell racks.

Color coded by level (Beginner-Yellow, Intermediate-Orange, Advanced-Blue), 12"H x 8" diameter.

<b>kôr Kettleball 10 lb</b> (25 available)	Regular Price \$59.95	<b>Demo Price \$45.00</b>
<b>kôr Kettleball 12 lb</b> (25 available)	Regular Price \$64.95	<b>Demo Price \$49.00</b>
<b>kôr Kettleball 15 lb</b> (25 available)	Regular Price \$69.95	<b>Demo Price \$53.00</b>

<http://www.power-systems.com/p-4264-kor-kettleball.aspx>



## **Poz-A-Ball** (50 available)

Enhance traditional Pilates and yoga poses by adding the elements of strength, intensity, and balance with this 8" inflatable ball that assists in proper alignment. Pliable PVC. Ships deflated. Use enclosed tube to inflate. 1 lb

Regular Price \$8.95  
**Demo Price \$7.00**

<http://www.power-systems.com/p-2763-poz-a-ball.aspx>