

IDEA **Personal Trainer INSTITUTE™**

FEBRUARY 16-19, 2012 | ALEXANDRIA, VA

Checklist for IDEA Personal Trainer Institute™ attendees

- Session handouts
- Registration confirmation and valid ID
- Printed copy of selected sessions
- Notepad & writing instruments
- Business cards for networking
- Refillable water bottle
- Sweatshirt (room temperatures may get cool)
- Snacks

Attendee registration is located in the Hilton Alexandria Mark Center

Please be sure to check-in at Attendee Registration for your wristband and conference materials.

Hours:

Thursday, February 16	8:00am–7:00pm
Friday, February 17	8:00am–3:00pm & 4:30–7:30pm
Saturday, February 18	7:30am–1:00pm
Sunday, February 19	7:00–10:30am